

# Essential Tools

## FOR POSITIVE BEHAVIOR CHANGE

The *Essential Tools for Positive Behavior Change* series is a competency-based behavioral training based on the work of Dr. Glenn Latham, author of the highly-acclaimed book *The Power of Positive Parenting*. The strategies taught are based on solid behavioral principles originating from over 60 years of empirically-supported research. Task-analyzed skills, or *tools*, will be taught via lecture, demonstration, role-play, and in-home or in-community practice. *The Essential Tools for Positive Behavior Change* is a 10-session course with outside reading and application exercises. Certificates of participation will be awarded upon completion of the course.

### Who Should Take This Class

- Parents, grandparents, or caregivers of children with developmental disabilities and/or challenging behavior who would like to help their children learn appropriate behaviors.

### What's Different About This Course?

- Numerous opportunities to practice and master new skills
- Small class size
- Technical assistance and consultation is available to participants *within the home and/or community*

### Cost

- Participation in this project is offered **free** to parents. Prior to the first week of class, parents will need to purchase their own copy of *The Power of Positive Parenting* by Glenn Latham.

### Registration

Please **register by May 13<sup>th</sup>, 2019** by contacting Julianne Schmelter at [jschmelter@usf.edu](mailto:jschmelter@usf.edu) or via phone at (813)-974-0968.

### About Your Trainers

Krystal Fontechia, BCBA, Lizzy Cassell, BCBA, and Julianne Schmelter, Psy.D, are instructors of the *Tools* curriculum and provide behavioral and evaluation services through the Interdisciplinary Center for Evaluation and Intervention at USF.

### Class Schedule

This series offering will be held from **5pm-7pm** on:

Tuesday, May 28<sup>th</sup>  
Tuesday, June 4<sup>th</sup>  
Tuesday, June 11<sup>th</sup>  
Tuesday, June 18<sup>th</sup>  
Tuesday, June 25<sup>th</sup>  
Tuesday, July 2<sup>nd</sup>  
Tuesday, July 9<sup>th</sup>  
Tuesday, July 16<sup>th</sup>  
Tuesday, July 23<sup>rd</sup>  
Tuesday, July 30<sup>th</sup>

### Location

Classes will be held at the University of South Florida, Florida Mental Health Institute, MHC Building, Room 1530

